

# OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 breakfast on a stick juice fruit cocktail pepperoni pizza green beans salad peaches	2 coffeecake applesauce juice beefy cheese nachos corn pineapple baby carrots	3 chocolate chip muffin juice pears pork tender steak mashed potato and gravy brocoli roll tropical fruit hs only salad	4 biscuit and gravy juice peaches cheese burger corn chips baked beans pickle onion fresh brocoli florets	5	6
7	8 sausage on a biscuit applesauce juice pig n blanket potato wedges brocoli w/ cheese tropical fruit baby carrots	9 breakfast pizza juice mand oranges soft taco lett/cheese refried beans w/g chips pineapple slices	10 blueberry bubble brea juice pears chicken noodles mashed potato corn roll peaches hs only salad	11 biscuit and gravy juice fruitcocktal chef salad w/ham crackers cucumber slices cotage cheese mand oranges	12	13
14	15 breakfast burrito juice fruit cocktail chicken nuggets brocoli w/ cheese potato wedges applesauce roll	16 banana bread squares juice mand oranges chicken fajitas lett / cheese spanish rice corn pineapple	17 cereal cinn toast juice pineapple tidbits lasgana green beans bread stick salad peaches green pepper slices	18 biscuit and gravy juice pears cheese burger pickle/onion sun chips baked beans baby carrots cookie	19	20
21	22 breakfast on a stick pears juice chicken patty sandwich tator tots baked beans tropical fruit baby carrots	23 coffeecake applesauce juice stromboli brocoli w/cheese salad pears baby carrots	24 chocolate muffin juice fruitcocktail chicken fried steak mashed potato and gravy green beans roll mand orange hs only salad	25 biscuit and gravy juice peaches frito chili pie corn cucumber slices cinn roll peaches	26	27
28	29 scram eggs toast juice fruit cocktail hot dog sun chips baby carrots green peppers rosey applesauce baked beans	30 breakfast pizza juice mand oranges beef fingers mashed potato and gravy green beans roll peaches hs only salad	31 cereal toast juice peaches macaroni &cheese w/ lil smokies baby carrots peas grapes biscuit hs only tri tators	1 biscuit and gravy juice pears taco soup w/g chips brocoli florets applesauce cookie	2	3
4 Daylight Saving	5					