

January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <u>cereal/superbuns</u> Chicken Nuggets Pot & gravy Green beans Rolls, Pears	4 <u>Mini Pancakes</u> Pizza Corn Man oranges Muffin	5 <u>LongJohn/sausage</u> Beef Stew Biscuit, Pineapple Pudding	6 <u>Biscuit/gravy</u> Rib b q Fries Fruit roll up Cc bar cookie	7
8	9 <u>Waffle sticks/sausage</u> Mac & Cheese Lil smokies Peas/carrots, Peaches cake	10 <u>Muffin/ ham</u> Lasagna Garden Spinach Salad, Green beans French Garlic Bread Apple	11 <u>Scrambled eggs/bis.</u> Chicken fajita Spanish Rice Steamed Carrots Tropical Fruit	12 <u>Biscuit/gravy</u> Pork Tender Sand. Broc/Cal w dip savory Wedges No bakes Grapes	13	14
15	16 <u>Cereal/super buns</u> Chicken Strips Hash Brown Broccoli/cheese Muffin Orange	17 <u>French toast st/sausage</u> Open face Hot Roast Beef sand. Potatoes & gravy Green Beans Strawberries	18 <u>Funnel cake/yogurt</u> Beef & Bean Burrito Lettuce & Tomato Mexican Corn Salsa & whole grain Corn Tortilla Chips Cin applesause	19 <u>Biscuit/gravy</u> Tomato Soup Grilled Cheese Celery/carrots Banana Rice Krispy bar	20	21
22	20 <u>Bk Bites</u> Chili carrots Apple Cinnamon Rolls	21 <u>scrambled eggs.sausage</u> Chicken Patti Mashed pot/gravy Green Beans Roll Fruit Medley	22 <u>Bubble Bread</u> Monterey Refried Beans Corn Apple Crisp	23 <u>Biscuit/gravy</u> Cheese Burger Fries Pep/cucumbers Sunflower seed cookie Grapefruit	27	28
29	30 <u>Bkf on a stick</u> Quesadilla Rice Peas/carrots Peach Cobbler	31 <u>Coffee Cake</u> Chicken Noodle Mashed Potatoes Green Beans Roll Grapes				